COURSE OUTLINE: CYC203 - GROUP DYNAMICS I

Prepared: Child and Youth Care Faculty

Approved: Martha Irwin, Chair, Community Services and Interdisciplinary Studies

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| **Course Code: Title** | CYC203: GROUP DYNAMICS I |
| **Program Number: Name** | 1065: CHILD AND YOUTH CARE |
| **Department:** | CHILD AND YOUTH WORKER |
| **Semesters/Terms:** | 18F |
| **Course Description:** | This course examines current research and theory in understanding group roles and function. Various group techniques and approaches will be explored in an experiential context to enable the student to develop entry-level skills in working effectively with groups. An emphasis is placed on understanding the individual within the group and each student will be encouraged to examine his/her own personal traits and skills in order to develop and implement a strategy to enhance these in the professional context. |
| **Total Credits:** | 3 |
| **Hours/Week:** | 3 |
| **Total Hours:** | 45 |
| **Prerequisites:** | CYC100 |
| **Corequisites:** | There are no co-requisites for this course. |
| **Substitutes:** | CYW204, NSW200 |
| **This course is a pre-requisite for:** | CYC251 |
| **Vocational Learning Outcomes (VLO's) addressed in this course:**<br><br>**Please refer to program web page for a complete listing of program outcomes where applicable.** | **1065 - CHILD AND YOUTH CARE**<br><br>VLO 1   Develop and maintain relationships with children, youth and their families by applying principles of relational practice and respecting their unique life space, cultural and human diversity.<br><br>VLO 3   Analyze and evaluate the impact of the inter-relationship among family, social service, justice and community systems on children, youth and their families and use this information in the planning of holistic care and in the reduction of systemic barriers.<br><br>VLO 4   Plan, implement and evaluate interventions using evidence-informed practices in the areas of therapeutic milieu and programming, and group work to promote resiliency and to enhance development in children, youth and their families.<br><br>VLO 6   Apply communication, teamwork and organizational skills within the interprofessional team and with community partners to enhance the quality of service in child and youth care practice.<br><br>VLO 7   Develop and implement self-care strategies using self-inquiry and reflection processes to promote self-awareness and to enhance practice as a child and youth care practitioner.<br><br>VLO 8   Use evidence-based research, professional development resources and supervision models to support professional growth and lifelong learning. |

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| Essential Employability Skills (EES) addressed in this course: | | |
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| | EES 1 | Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience. |
| | EES 2 | Respond to written, spoken, or visual messages in a manner that ensures effective communication. |
| | EES 4 | Apply a systematic approach to solve problems. |
| | EES 5 | Use a variety of thinking skills to anticipate and solve problems. |
| | EES 6 | Locate, select, organize, and document information using appropriate technology and information systems. |
| | EES 7 | Analyze, evaluate, and apply relevant information from a variety of sources. |
| | EES 8 | Show respect for the diverse opinions, values, belief systems, and contributions of others. |
| | EES 9 | Interact with others in groups or teams that contribute to effective working relationships and the achievement of goals. |
| | EES 10 | Manage the use of time and other resources to complete projects. |
| | EES 11 | Take responsibility for ones own actions, decisions, and consequences. |

| General Education Themes: | Social and Cultural Understanding<br><br>Personal Understanding |
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| Course Evaluation: | Passing Grade: 50%, D |
| Books and Required Resources: | Groups: Process & Practice by Corey, Corey & Corey<br>Publisher: Brooks-Cole/Wadsworth Edition: 10th |

**Course Outcomes and Learning Objectives:**

| Course Outcome 1 | Learning Objectives for Course Outcome 1 |
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| 1. Recognize the impact of inter-relationships amongst individuals and the influence of cultural and social contexts on group dynamics | 1.1 Identify relevant institutional systems and components, including social, justice, education, recreation and health services, and analyze how these systems interact to help or hinder group development<br>1.2 Identify elements of group functioning that impact relationship development and maintenance |
| **Course Outcome 2** | **Learning Objectives for Course Outcome 2** |
| 2. Apply principles of relational practice to group experiences, respecting the unique life space, cultural and human diversity of each group member | 2.1 Use communication skills and engagement strategies to promote positive relationships, understanding and trust within a group context<br>2.2 Demonstrate consideration, safety, trust, presence and empathy with group members<br>2.3 Establish and adapt professional boundaries while accepting the diverse needs, composition and dynamics of various groups<br>2.4 Promote resiliency in children, youth and families by assisting them to identify strengths and develop skills within the context of a group experience<br>2.5 Respect the privacy and confidentiality of group members<br>2.6 Assess the needs of group members and select strength based strategies that support positive change |
| **Course Outcome 3** | **Learning Objectives for Course Outcome 3** |
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| 3. Develop and implement self-care strategies using self-inquiry and reflection processes to promote self-awareness and enhance practice | 3.1 Examine the impact of self on others and ensure that interactions are consistent, constructive and positive<br>3.2 Identify how personal values, beliefs, opinions and one`s own social location and experience might impact group interactions<br>3.3 Value self-care practices and implement strategies to prevent or combat compassion fatigue, vicarious trauma, stress reactions and other occupational stressors associated with group practice |
| **Course Outcome 4** | **Learning Objectives for Course Outcome 4** |
| 4. Apply communication, teamwork and organizational skills to enhance the quality of service within the context of a group experience | 4.1 Plan and implement, clear, concise written, oral and electronic communications for diverse groups using anti-oppression language<br>4.2 Coordinate activities and facilitate efficient use of resources |

**Evaluation Process and Grading System:**

| Evaluation Type | Evaluation Weight | Course Outcome Assessed |
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| Assignments | 50% | 1-4 |
| Skill Development | 10% | 3, 4 |
| Tests | 40% | 1-4 |

**Date:** July 3, 2018

Please refer to the course outline addendum on the Learning Management System for further information.